



**ACADEMY**  
**FOR BIOENERGETICS**  
INTERNATIONALE LEHR UND FORSCHUNGS-  
ANSTALT IM FÜRSTENTUM LIECHTENSTEIN

Académie pour la Bioénergétique  
Schliessa 12  
FL-9495 Triesen  
Tel. +423 399 38 28  
Fax +423 399 38 29  
Email: [afb@afb.li](mailto:afb@afb.li)

### **Information about green-lip mussel extract as an aid in the treatment of arthrosis by the BEMER-Therapy**

The concentrate is extracted from the gonads of adult green-lip mussels (*Perna canaliculus*) from New Zealand. The mussel is farmed under strictly controlled conditions. In order to retain the valuable nourishment and biological activity of the extracted concentrate, the green-lip mussel is processed by a gentle, patented method (eg BEMER vital PERNAMAR).

Use of the green-lip extract is indicated when physical demands involving the metabolism of the musculoskeletal system increase, or in treating rheumatic illnesses. Here we are dealing with illnesses that in most cases are a result of inflammatory or degenerative damage to the connective tissue and the cell cartilage and which can often lead to chronic, painful effects on the musculoskeletal system.

The green-lip mussel extract is rich in properties that are anti-inflammatory and promote the blood circulation. It contains the basic substance, glycosaminoglycane (GAG), which is of decisive significance for the regeneration of the connective tissue and joint cartilage. In addition to GAG the mussel extract contains silicic acid, vitamin E and Omega-3 polyunsaturated fatty acids, which serve as nourishment suppliers for connective tissue and cartilage.

The well known effects of the BEMER-Therapy on the metabolism of the entire support and musculoskeletal systems can be sensibly deepened when accompanied by the green-lip mussel extract. The viscosity of the synovial and bodily fluids can be regulated, the blood circulation improved, uric acid deposits in the joints can be retarded and bodily purification can be promoted.